

FIRST SUNDAY IN LENT

Lent isn't just about getting people ready to say the right words as they appear in our ritual. It's about getting them ready to live what they're saying when they, with Jesus, renounce allegiances to every other power but God's, reject evil powers, turn away from sinfulness, receive Christ's power to keep resisting evil, and experience new birth by water and Spirit and being raised with Christ to walk, with the whole church, in newness of life.

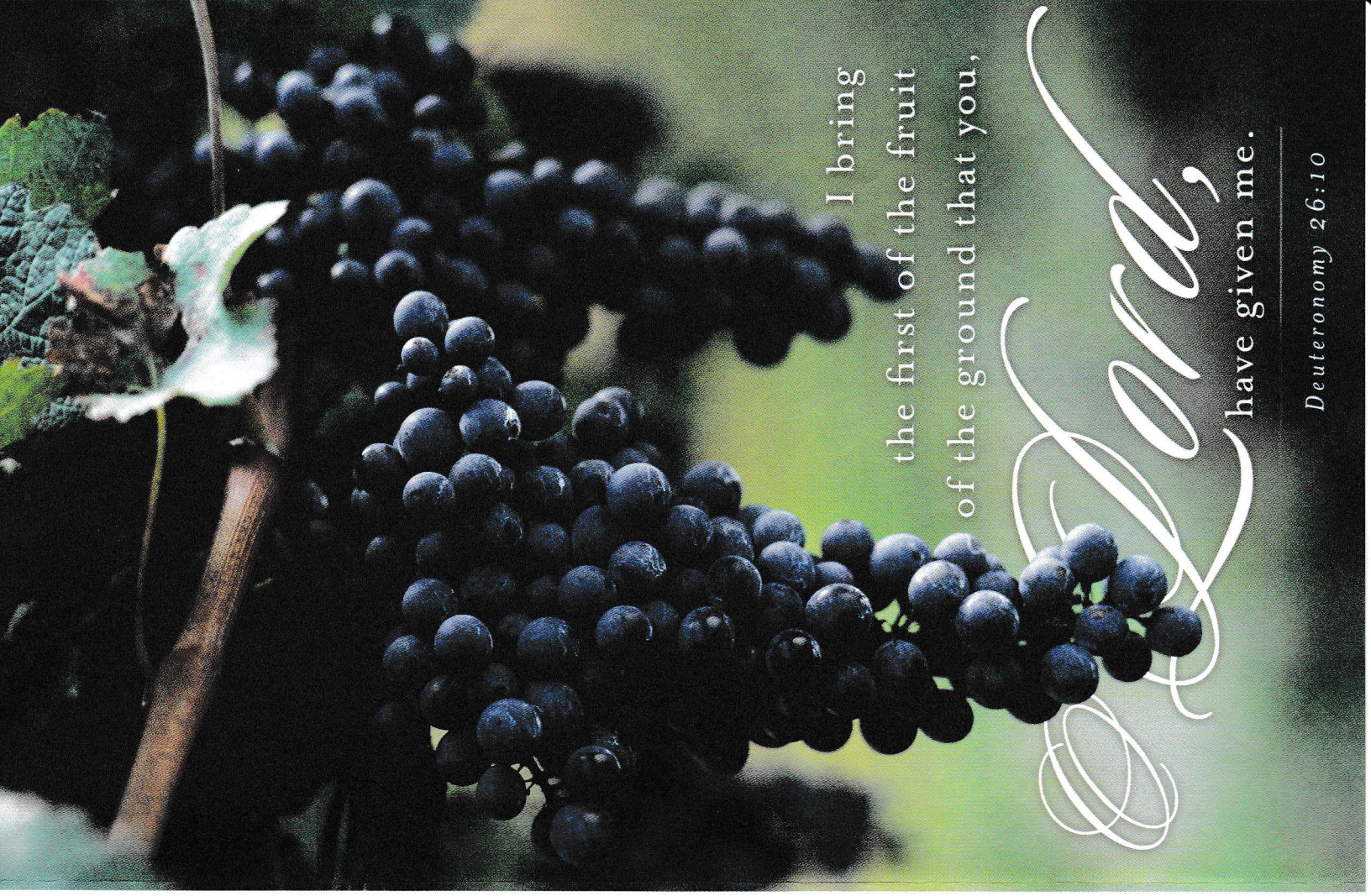
The practices we take on during Lent, then, are not intended to be limited to Lent. We fast to break ourselves free from control by some bodily desires and increase our capacity and time for prayer. We examine our lives both to give thanks for ways the Spirit has freed us from the power of sin and to acknowledge where we need more help from the Spirit and others around us for the next chains to be broken. We pray regularly, individually and with the church, to fulfill part of our vocation as intercessors in the world, priests to the Most High. We read and listen for the Word of God in Scripture to remind ourselves what it means to be faithful disciples of Jesus and members of his body engaged in his mission in the world. We deny ourselves, not just our cravings, but ourselves as our own masters, as a means to be submitted more fully to the Lordship of Jesus and the leadership of the Spirit.

These disciplines aren't undertaken by Christians to make us better people or simply to improve our lives. These, and others, are concrete means of grace by which the Spirit can make us more faithful disciples of Jesus, growing in holiness of heart and life, toward perfection in love in this life.

(Read more at <http://www.umediscipleship.org/worship/lectionary-calendar/first-sunday-in-lent-year-c-2016#planning>)

To make online tithes, gifts and offerings go to:
www.cosumc.com - Click on the "Donate" button. You don't need a PayPal account to donate. A receipt will be emailed to you.

Internet broadcast worship service is available at
www.ustream.tv/channel/christ-our-saviorumc



I bring
the first of the fruit
of the ground that you,

Lord,
have given me.



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Our Worship on February 14, 2016
Worship Leader: Robert Abrams Jr.

Welcome! On Saint Valentine's Day we celebrate that love that originates in God and bonds a husband and wife together. God's desire is for us to come to Him so He can renew and refresh His children with His wellspring of love! We invite you to remain after Worship and enjoy some refreshments and friendly conversation.



PRAISING GOD TOGETHER

Announcements – *Please sign and pass the red friendship books.*
Opening Devotion and Prayer
Singing Praises to Jesus
Greeting Each Other and Welcoming Our Guests

HEARING GOD'S WORD

Pastoral Prayer
Scripture Reading: Ephesians 3:16-21. Bible Pg. 812
Message by Pastor Ken Gardner: "Just Get The Power."

POWER FOR MINISTRY

Offering Our Gifts to God
Doxology: *Praise God, from whom all blessings flow; Praise Him, all creatures here below; Praise Him above, ye heavenly host; Praise Father, Son, and Holy Ghost.*

Closing Song: "Great and Mighty is He."

Prayer of Blessing on Everyone

WEEKLY HIGHLIGHTS

MONDAY: We remember the Presidents of our nation and give thanks to God. We are grateful that God has led us in the past, and that He will guide our Presidents and leaders in the present and the future. May each of us praise God today for His goodness to this nation.

TUESDAY:

6:30 PM – Women's Bible Study
7:00 PM – Men's Bible Study

WEDNESDAY:

9:30 AM – *Discipleship for Busy People* – Session 17
7:00 PM – Prayer Group

THURSDAY: Thursday – Sunday – Girl's Chrysalis Flight here at COSUMC. Please keep them prayer as they discover the love of Jesus.

UPCOMING EVENTS

Feb. 25-28 - Thursday – Sunday – Boy's Chrysalis Flight
Mar. 7th – American Red Cross Blood Drive - Noon – 6:30 PM
Mar. 13 – Celebration Potluck for David and Andrea Gutierrez immediately follows the service.
Mar. 20th – Palm Sunday
Mar. 25th – Good Friday – Stations of the Cross – Prime Desert Woodlands
Mar. 27th – Easter Sunday Services
Apr. 22nd – Emmaus Gathering
Apr. 30th - North District Conference
May 19-21 – Conversational Prayer Workshop with Rev. Jeffrey Elmore

EXTRAS:

BIRTHDAYS: Pat Hanson - Feb. 16th; David Gutierrez – Feb. 20th.
ANNIVERSARY: Jason & Dianna Hall - Feb. 18th.

PRAYER REQUESTS

Please contact Pastor Ken Gardner for prayer requests. Call the church office (943-2774) or email cosumc@gmail.com.

“ENCOURAGED, EMPOWERED, ENRICHED” Series #2

Message #2 of 3 – Empowered By The Spirit

“JUST GET THE POWER”

The Spirit of God is at work in us

*to become more fully aware of the love of Christ
so that we are filled to the measure
of all the fullness of God.*

Colossians 3:16-21

February 14, 2016

1. POWER ... Through God’s Spirit – (Eph. 3:16-17)

- “I pray that out of his glorious riches he may strengthen you with power through His Spirit in your inner being.”

2. POWER ... To Grasp the Love of God (Eph. 3:18-19)

- “An I pray that you, being rooted and established in love, may have power ... to grasp how wide and long and high and deep is the love of Christ.”

3. POWER ... At Work Within Us (Eph. 3:20-21)

- “... according to His power that is at work within us.”