COMFORT FOOD:

Taste & See that the Lord is Good

Message #1 of 6

"The Lord Is Good"

God is worth praising because he delivers those who take refuge in him from their fears & troubles.

Psalm 34 October 7, 2018

1. WHAT? – "I WILL PRAISE THE LORD" (v.1-3)

- "At all times"
- "Praise will always be on my lips"

2. <u>WHY?</u> – "I SOUGHT THE LORD" (v.4-5)

- "The Lord answered me"
- "The Lord delivered me"

3. WHEN? - "THE LORD DELIVERED ME" (v.6-7)

- "The Lord heard"
- "The Lord saved him"
- "The Angel of the Lord encamps around him"
- "The Lord delivers them"

Delivered from ...

- "from all my fears" v.4
- "out of all my troubles" v.6
- "(Even though I) may have many troubles" v.19

4. <u>HOW?</u> - "TASTE & SEE" (v.8-10)

- "Blessed is the one who takes refuge in the Lord." v.8
- "Fear the Lord." v.9
- "Those who seek the Lord lack no good thing." v.11

5. WHO? - "COME, LISTEN, LEARN" (v.11-22)

- Your tongue and lips v.13
- Your actions v.14
- Your cries v.17
- Your spirit v.18
- Your body -v.20
- Your thinking v.22

We use our words to speak grace – Ephesians 4:29 We work towards reconciliation – 2^{nd} Corinthians 5:17-21 We have the treasure of God's power in us – 2^{nd} Cor. 4:7-11 We bless and do not curse – Romans 12:14-21

Before you speak ... THINK –

T - Is it true?

H - Is it helpful?

I - Is it inspiring?

N – Is it necessary

K-Is it kind?

- Philippians 4:8

The audio, outline, and video of today's worship service and most others can be found at www.cosworship.com.